

## Discharge Summary

**Admission Date/Time:** 18-04-2026/9.30 Hrs  
**Discharge Date/Time:** 18-04-2026/2.30 Hrs

**Patient Name:** Minaz Shaikh

**Consulting Doctor:** Dr. Deep Vora

**Ref. Doctor:** Dr. Namita Pandey

### Diagnosis:

Right Breast Carcinoma

### Case History:

A 47 Years old female patient with a known case of Right Breast Carcinoma. Her present hematological parameters are within normal limits. Now admitted for 2nd chemotherapy cycle.

### Examination Findings:

Height-160, Weight-75, BSA-1.82, Temperature- Afebrile , BP- 124/79 mmHg, Pulse rate -78/min, SPO2- 98%, CVS - S1S2 Normal, CNS-Conscious, RS- Clear, PA - Soft  
Oedema - Absent, Icterus - Absent, Nails - No Pallor, Tongue - Clean, No Pallor

### Allergies:

Not Known

### Investigations:

Haemoglobin-10.4, WBC-10100, Platelets-314000 , SGOT-27.2, SGPT-30.21, Serum Creatinine-0.66, Albumin-4.0, MCV - 88.8, PCV - 32.5

### Findings:

No issue. Doing Good

### Procedures performed:

Chemotherapy

### Treatment given while admitted:

Inj Palanosetron 0.25mg + Inj.Dexa 8mg in 100ml NS  
Cap.Aprecap 125mg/80/80 PO -DAY1/2/3  
Tab Famotidine (20) PO - Day 1  
Inj.Avil 2cc slow IV push -DAY1  
Inj. Docetaxel 120 mg in 500ml NS over 1 hrs on- DAY1  
Inj Cyclophosphamide 1000mg in 250ml NS over 30 mins on - Day1

### Treatment advised post discharge:

Cap.Aprecap 80mg — 1-0-0 x day2/day3 (empty stomach)  
Tab. Ondem (8) 1-----1---1 x day 2/day3/day4 (Before Meal)

## Discharge Summary

Tab.Ultracet ----- sos for pain  
Syp.Duphalac 10-20ml - sos for constipation  
Inj Peg GCSF 6mg -----SC on Day 3 (20/04/2026)  
Tab Thyronorm 120 mcg 1---0---0

### **Followup Advice:**

Follow up with Dr .Deep Vora on 09/05/26 for next chemotherapy cycle with blood reports CBC, LFT, RFT Report

### **Preventive Aspects:**

High Protein Diet

Low Sugar Diet.

Avoid outside or junk food .

Eat freshly prepared food

Avoid vising crowded places. General Hygiene.

Wash hair after 24 hours of using a paxman machine without much pressure or rough handling

**Next Visit On: 09-05-2026**

**Name of Consultant: Dr. Deep Vora**

Signature of Consultant      Date: 18-04-2026